

CARE OF MOUTH AFTER EXTRACTION

DO NOT RINSE MOUTH TODAY. Tomorrow rinse mouth gently every 3-4 hours (especially after meals) using one-quarter teaspoon of salt to a glass of warm water. Continue the rinses for several days.

BLEEDING. Following extractions, some bleeding is to be expected. If persistent bleeding occurs, place gauze pads over bleeding area and bite down firmly for one half hour. Repeat if necessary.

SWELLING. Ice bag or a cold moist cloth should be periodically be applied to operated area. Your dentist may give you specific instructions on how long and how often to use a cold compress.

PAIN. For mild to average use any non-aspirin type of medication you like.

FOOD. Light diet is advisable during the first 24 hours.

BONY EDGES. Small sharp bone fragments may work up through the gums during healing. These are not roots; If annoying, return to this office for removal.

Smoking is NOT recommended

If abdominal conditions occur, call the office. Telephone #787-9793

The proper care following oral surgical procedures will hasten recovery and prevent complications.